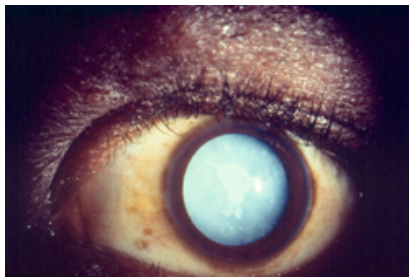


Cataract

The lens in human's eyes is like in a camera. It helps to focus on objects near or far. To work well, the lens must be clear. As you age, the lens of your eye gradually becomes cloudy. The word cataract comes from an old Latin word for waterfall. Waterfalls produce heavy mist that can blur your vision. Cataracts have the same effect—blurry vision. Looking through a cloudy lens is like looking through a dirty window—everything is blurred.

Most people in their 60s will develop at least mild cataracts. Early on, the cataract process not only makes your lens cloudy, it also makes your lens swell a little. When your lens gets bigger, you become a little more near-sighted. So in the early stages of cataract, simply changing your glasses prescription can restore your sight. But as you continue to age, the cataract gets more cloudy, and eventually the cataract has to be removed to restore your vision.



White Cataract